

# A single cup of coffee..

Yep, more on coffee. Well sort of. This is really a birthday post. Yesterday, it ended around two hours ago, would have been my wife's 45th birthday, if she had lived that long. It was the 5th I've celebrated without her. The first, I put a personal ad in the paper, I invited friends and family to show up at 'our' little coffee shop. Very few did. The second year, I don't remember what I did, our little shop closed its doors before I could celebrate that day. The 3rd year, I went to a coffee shop and sat with some friends who were there, they knew nothing of the day. The fourth year, I went to a winery with some friends. This year, I went to another coffee shop. I ordered one cup of coffee and a blueberry scone. I even had something different as my refill. They had Chocolate-Raspberry for the Decaf flavor. I'm not a big decaf fan, but I had that anyway. It was her favorite coffee flavor. It was a good morning.

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## Not the movie review...

**I was going to make a quick post on the new Batman movie, but that can wait. Watching the movie made me think of other things.**

Earlier post is in Bold print, newer thoughts are in the regular type.

**Things like if doing good makes things go bad, are you still doing good, are you in the right?**

Heroes in movies are always trying to do good and the right thing. It doesn't always work out for them. We see that in

everyday life too. We try to do what is right, or good, and sometimes the way things work out, a different path should have been chosen. We can tend to dwell on this, constantly asking "What if?". Dwelling the "should ofs" and "could ofs" will inhibit our chances of make the correct choices on later issues. We can't always be assured that doing the right thing, means things will turn out good for us. Sometimes being right is worth the effort, no matter what the outcome.

**What would it take to go from good to bad, or bad to good? Is it that big of a difference?**

This is something I have some experience with. I know exactly how far I can be pushed. It isn't so much of going from good to bad, but it is going from easy going to violent or fairly relaxed to a nervous wreck. Major events in ones life can do a number on how you behave. You think beforehand that you know how you will react, but once in the situation, you did something you never would have believed possible. For me those experiences revolve around protecting the weak and innocent, and protecting and loving my family and friends. Since I have been in these situations more than once, I know I would put my own health/welfare on the line if anyone I care about is in trouble. This is something deeply ingrained in who I am. I also know that if pushed too far, I could fall apart. I've been close to that too.

**At what point do you have too much power?**

My feelings is that you can have too much power, when power is your goal. I've always found that the people who handle power the best, are the ones that really don't want it in the first place.

**What sort of circumstance would break your will? What would drive you forward? What would stop you dead in your tracks?**

I had a daughter in a very serious car accident. I did things I never thought I could do. At the time it was the most

difficult life experience I ever had. Just the possibility of losing a child brought me to the brink of stopping my dead in my tracks, but I pushed through and drove forward. Not much more than a year after that, my wife was told she had cancer. 1 1/2 months later it would take her life. This loss was almost too great for me. Even with my children needing me, I almost fell apart. They pulled me back from the abyss. This was something that broke my will. If my girls had not been there, or I had people pushing me in a different direction, the person I am today would not be around. Frightening thought is that I don't know who or even if I would be today. There are things that happen, that will change the person you are today. Sometimes for the good, sometimes not. I never take abrupt changes in behavior for granted any more.

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## **Family time... sort of**

Today I took a trip back in time, sort of. For just a little while, I was back 20+ years ago having a donut with my little girl. She's no longer the 2 or 3 year old I would carry on my shoulders for 4 blocks to the donut shop, and she definitely eats more than 1/2 a donut now. But just for an instant I saw that very young father, and his daughter in the reflection of the door entering the donut shop.

The shop changed in the past 20 years. There is no longer a bar with stools to sit and watch the frenzy behind the counter. The library and store that was across the street no longer exist in that location. The apartments still looked the same.

They say you can't go back, and of course that is true. I would never want to try to live in that little apartment

again. I've grown to comfortable living in the country away from the noise, the lights and the people. I like the silence and the darkness. Most of the time this suits who I am.

I've changed over the past few years, but I haven't changed to the point where I can't enjoy a quick trip to the donut shop with one of my girls. I hope all my girls have some special memory of things they did with their parents. I know I have some for each of them...

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## A simple cuppa

As a society we are surrounded by coffee. In larger cities there have been Starbucks on every corner. Stretching the point a little, but they did just close a number of "extra" shops. There are also a number of other coffee places that are national/international brands. Even the likes of McDonalds are starting to sell their own premium coffees. Where does it end?

Now I admit being a bit of a coffee nerd/snob. I have tasted good coffee and desire it above all others. I like the pure 100% coffees from specific regions (Kona and Kenya AA are at the top of my list). I like various blended coffees (Mocha Java and Kona Blends). I like good dark roasts, medium roasts and light roasts. I even go for a good shot of espresso every now and then. When it comes to flavored coffees, there are those I like and those I don't. Adding flavor to coffee is outside the realm of a simple cuppa... So are most of the fancy blends and even the espresso.

I'm talking about a simple no nonsense cup of joe. That fresh jolt of black goodness in the morning. And the thoughts of that cup bring back memories of days long past.

I've told the story many times, of my wife and I finding a coffee shop of all places to spend a little time alone. At that time, I was the only one to even drink coffee. It grew on her. But I felt myself being drawn further back in time. To a small apartment, our first, in Toledo, OH. This little two bedroom unit was about 3 or 4 blocks from a Dunkin' Donuts shop. I remember walking down on some Saturdays to get some donuts and for me a coffee. That coffee was some of the best I've ever tasted. To this day it is still one of my favorites. In those early days, we didn't even have a coffee maker in the house (I would consumed the whole pot), so this was a treat. I even had a Dunkin' Donuts thermos so I could get cheaper re-fills.

If I have my count of Toledo area donut shops correct, that one Dunkin' Donuts is the last in the Toledo area. When we lived there, there were a least 4 in the area. Who knows why they left this part of the country for a while. But I've heard that they are opening up new shops in the Ft. Wayne IN area. I now live halfway between Toledo and Ft. Wayne, so maybe I'll be able to get coffee and a donut from Dunkin' Donuts when I'm on the road. I'd love to see them expand in the area again. But maybe 65 miles isn't too far to go to relive a memory...

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## **Life at the center of the earth...**

Well I just saw the movie, now I'm going to explore some the science (or lack of it) involved in this journey. In Jules Verne's original book, the center of the earth is a large cave like area with some sort of electro magnetic field producing

light. Same in the movie.

Current Science views the center of the Earth as a molten metal core, mostly iron. This would be well above the temperatures that humans could survive in. But just for arguments sake, lets pretend there is a large cave with volcanic vents that connect between Italy and Iceland. Why would we have prehistoric dinosaurs and other animals living there. What could be the possible connection. I can't really think of one, maybe my loyal readers could.

One other small problem, at least for the movie. The biggest plot mover in the movie is that temperatures will soon rise to unsurvivable levels. It is also indicated that it happened 10 year prior to this visit. How did the animal life stuck in the center survive, if it was so crucial that the intrepid explorers got out very soon. Must be something really special in the water that was going to evaporate in less than 3 days. I don't think I can believe the quantity of life in the center of the earth if every few years it is going to become an oven.

I guess since they went that far with the science, that God is having a hand again in matters here on Earth or in this case under the Earth, a running a new version of creation every 10 or so years. That would explain everything. Hmm, I guess I'm saying that there isn't a lot of science in the movie.

However, since I didn't start thinking about this during the movie, it really didn't matter. It took a while for it to settle in my brain.

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# Off to see a movie...

I'm heading out to see a movie this evening (got to get the early show price). I'm going to see something I haven't seen in years a 3D movie, complete with cardboard glasses. I hope we get to keep them, because I need some 3D glasses to see some stuff from NASA. I think they need the red/blue glasses, not the polarized lens glasses, so I'm hoping it is a red/blue thing...

Anyway this post is a preview of my review. I haven't been impressed with the previews to this movie. It looks like another of those take a book and lets ruin it type. But I'll find out more when I get there. I think the 3D is going to make or break the movie. If it works well it may make it, if it doesn't it will be a flop.

Just my early take based on previous trailers...

Well, just got back from the movie, dinner, putt-putt and ice cream. I'll have to say I was pleasantly surprised with the movie. Apparently the producers realized that a this book needed a different treatment. Instead of completely forgetting the book, the new and intrepid explorers are actually re-investigating the book. With this take, I didn't care that it wasn't following the book at all. Just new characters following the same journey.

I can't comment on the 3D, since the theater I went to did not have the equipment to show it in 3D. It was a decent comedy/adventure. Brendan Fraser again does a very good job with this type of movie. The special effects outside of 3D weren't too bad either. They kept the "Center of the Earth" fairly dark, and this always seems to help blend in the special effects. The characters all seemed to interact very well together. I'm not sure I will need to find a 3D capable movie theater, but if the TV version is 3D, I may rent it.

So there you go. I recommend seeing it, but you may want to hit the early shows.

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## **Just thinking about things...again**

Today was the first day I've been to a play tryout where I didn't read for a role. I was just there as a producer. It was kind of fun just sitting there watching others try out. No worries, no trying to figure out a role/persona. I really enjoyed myself. We had some new people trying out for roles, and it is good to get new blood in the theater. We just can't have the same people in shows over and over again. I'm all for the new people getting parts.

I'm currently listening to the Tigers and Indians baseball game. The big difference is I'm listening to it on the Indian's Radio network, instead of the Tiger's Radio Network. I find it strange that the announcers don't seem to know the Tigers. Maybe it is because I don't know the other teams as well, but I don't think the Tiger's announcers are nearly as bad when it comes to the Cleveland games. I have caught them in other games, not knowing players, but you should know your division rivals. Cleveland/Detroit has been a big rivalry for as long as I can remember. I would think the Indians announcers would do better. The only reason I listen the the Indian station, is that I get it on all of the radios in the house. The Tiger station, I need to be in the car, or get my daughters battery powered portable to hear it. Even then, it is very touchy as to location, and direction of the antenna. Tiger's just won!



Need to get some time off work soon. I enjoyed the 3 day weekend, but I would like to get time off to see my family all over the country. I guess I need to talk with the peoples in charge at work.

I'm looking forward to a movie or two with my girls this weekend. I'm going to have some time with both daughters at home so it is possible.

Suffering from a sore back for the past few days (it seems like weeks). Not much I can do about it other than resting it. Slow walking, moderate stretching, and making sure my back is supported while sitting are all helping. Not sure what I did to pull the muscles, but it was nagging for a while.

I haven't watched much network or cable TV (other than part of a ball game) all summer. Can't say I miss it. I went a few years, while working 2nd shift, without TV, I am guessing I could continue for a long time. Being in the middle of the woods, I don't have cable (to far in the country) or satellite (too many trees). I don't see myself getting those anytime soon. I really think I could live without TV. Owned or rented movies, well that is a different story.

I really guess that is about it. I am thinking of upcoming days that will be happening in July so I will have more to write about at a later date...

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**Morbid topic, consider yourself warned**

Yes, this will be a post about death, so if you don't want to read about it, stop right here. The next paragraph will be

about some silly stuff just in case you failed to be driven away. I don't want anyone to say they saw the morbid stuff too quick.

Heavy rains this past week or so caused a small short in one of my trucks turn signal lights. I could tell because when I turned a corner the blinker would start going really fast, and then it would slow down after I started going straight again. The increased blinker speed is to let me know there is a turn signal light out. Just found that interesting. This summer is just flying by, I noticed our local Wally World already had school supplies out. So we jump past summer picnic season to school after the 4th of July. Makes me wonder what date they use in other parts of the world.

Morbid stuff starts now....

My eldest daughter, her husband and I were talking about what to do with our bodies after we die. I was thinking about having my ashes turned to [diamonds](#) for each of my daughters. (If I can ever afford to do that, it is an expensive way to take care of a dead body.) Then I thought it would be nice to donate my body to science after removing any organs that can be used in transplants. We did get a little creative on this too. Like donating my skeleton to my old high school. I imagine that would be something. Or maybe encasing the said skeleton in Acrylic. Ashes mixed in with wood finishes was talked about, or even mixing the ashes with cement or tile mud. All very interesting things that could be done.

The one thing we talked about that I though was really interesting was the idea of donating my body to a [Body Farm](#). I thought that was a very interesting concept. I had not heard of this before my son-in-law mentioned that it was what he was interested in. What made this more interesting is that I received an email from [www.howstuffworks.com](http://www.howstuffworks.com) about the same subject. Then a did a [Google search](#) on the same topic.

Not only does donating your body to a body farm make a lot of sense financially (funerals and burial/cremation are very expensive), it also makes sense in a 'Green' way. An added bonus is that future CSIs can learn a lot from watching a body decompose. The "Green" way is that you skip the added fuel and machinery needed to put a body in an big concrete block. Also skipped is the about of fuel need to completely consume a human body when it is cremated. What was our bodies will never get recycled by the planet when surrounded by tons of concrete. In the body farm the bodies are left exposed to the elements with the normal cycle of nature, doing what it does so well, using what is left over to support and renew the environment. I like the idea, but then again, the old pine boxes we used to use allowed the remains to be recycled by nature.

I do understand the other environmental needs to make sure that disease isn't spread, but I think we tend to go way overboard with the complete enclosure in concrete.

Now my daughter, the genealogist, wants to make sure we put a plaque up somewhere for future generations. I don't know if I see the point in that, but for her I would be willing. I have a feeling future genealogists will have a better way of finding out about their ancestors. The internet will be crawling with information if it isn't already.

So, I will be looking into setting up my donation to a Body Farm, unless I win a big lottery. I kind of like the idea of my girls being able to say "Daddy is forever..." Morbid sense of humor, true, but it still tickles me.

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# Well finally good night folks

Tigers won, and I'm going to get some sleep. Being in the eastern timezone, I hate these West Coast games.

Oh yes, this is post 100.

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## This and that with other things in mind

A somewhat mindless post of things I'm thinking about.

Took my youngest to a movie and to play putt-putt. I always enjoyed the time I could spend with my daughters. I'm sure they're getting a skewed view on life without their mother in it, but that is what it is. They get this skewed view, because my view is somewhat skewed. Not doing as well as I would like on putt-putt. On the little course closest to us, I have made a hole-in-one on all 18 holes. I should be able to get 2 on each and everyone of them. I get a little down when I get 3's on some of the holes. Most of the time I don't keep the putter down.

Stopped at a Coldstone Creamery. Wonderful stuff. Ice Cream, Sorbet mixed with stuff right in front of your eyes. It is very good ice cream.

A fourth of July weekend is in front of me. It is nice to get an extra day off of work. I'm looking forward to spending time with family and friends this weekend. Happy Birthday wishes to my oldest sister on the 4th. Never did get to put the sparklers on her cake instead of candles.

Tigers are on the radio right now. I don't have cable, so I don't get to watch much ball on TV, but Gameday on the Computer, and a radio near me, works well. Tigers are winning in the 7th.

I need to take the time this weekend to do the things I wasn't doing during the time my daughter was in "Little Women". I wouldn't trade that time for anything, but I need to do more around here.

I saw a movie trailer today. It looks like they are making a remake of a wonderful Science Fiction Classic. A new "The Day the Earth Stood Still" is coming to the big screen again. This was a classic, and from the trailer, I think they found a way to ruin it. I'm planning on going just so I can really rag on the film. You are warned. Normally I don't get preconceived ideas about movies, but this was a wonderful short story, a very good movie (classic in my mind), and it will now become a standard Hollywood space invasion movie... Grrr.

I'm waiting for the new Batman movie. One of the favorite comic characters, because he is a normal person. He was also a troubled hero. It makes the comic book a little more real when the hero has normal problems.

Should be a good 4th tomorrow. Getting together with friends for food and socializing, maybe some fireworks.

I need to try to schedule some additional time off work. It may be tough since we are in the middle of a major software change. Maybe I can get 1 day off a week for the rest of the summer.

That should be about it, for now

Tigers still ahead in the 8th.