

# A Little Fun Everyday

Following the run of any show I am involved in I go through a period of reflection and a bit of depression (just more so for certain shows). I have found that the best way to deal with this is to continue auditioning or until the next audition arrives by putting my thoughts into words. I am often asked by some people what draws me to the theatre so much and why it seem that I audition for **EVERYTHING?!** The best explanation I can come up with is the term *play*, itself. Being in plays allows us to play in new worlds. I find that the best actors and those I really enjoy working with tend to generate a playful persona, but at the same time be able to know when to work (if you want to call it that). The director is the playground monitor who tells his children (cast) what to do and when to do it... setting the rules for the game/play. When the performers are good they are rewarded and when they goof up and not do as well, they know that as well.

Each person involved in every show varies in experience. There are the more experienced who have been there and done that and can **seem** more comfortable in their surroundings. Then there are those who come along who may never have stepped foot on the stage who may seem shy and apprehensive but hopefully will be able to learn how to play along as well and make new friends. Of course there are those who venture to other play spaces and play in yet other's backyards and once again become the new kid on the block. Even allowing past characters to reemerge in moments of flashback can bring laughter from some while driving others to distraction ☐ Right, Morat? **EVERYONE WINS!**

So, I really do think that the world of theatre is best enjoyed to its fullest by those who refuse to completely grow up. And those who are willing to let their playful sides come out even in the most serious of tragedies there are moments of brevity.

The fun does not necessarily need to end when the curtain drops on the final call. Game nights, cast parties, and other activities can be enjoyed by those involved. As a wise old man once advised a certain android who wished to be more human: "Don't forget... you have to have a little fun every day." Well said.