

# Spring is in the air

It's that time of year again. Sun, warmer weather, swimming and yep, you guessed it, sunblock. Lots and lots of it. I was outside yesterday for about an hour and half. I thought nothing of it. It was a beautiful day and I wanted to get out of that school. The weather was just calling to me, and no one else was out there, so I went. I lay in the sun reading my book and relaxing. I went back inside and I was burnt. I had forgotten that even in the spring I can burn very easily. My arms are much better, but my nose and face still hurt a little if I scratch it or wrinkle my nose. I will have to get a small bottle of sunblock to carry around with me everywhere. ☐