

# Just a short one

I am very tired so I will make this one quick. Besides, it was PE again, at the same school as Friday, so there isn't much to say about it. Kickball again. The only real difference was I had 8th grade health instead of 6th, so I had the 6th graders for PE instead of the 8th graders. I had to show a video in health class about abstinence. They did some good object lessons on the video involving cups of water contaminated with spit and food and then sharing the cups. Also, using clear packing tape as a lesson by sticking it first to one person's arm, then another, and another, then finally sticking two of these together and comparing it to two pieces of tape never used stuck together. I actually had to show this for only one class as there was an assembly during the other one. Outside. But that was okay even if the temperature was in the mid 50s. It wasn't all that bad. It was about a new solar panel that was installed at the school that they said could provide energy to light one of the rooms 24/7 I think they said. Not much, but apparently worth it. Our village president was there along with the superintendent and even our local US House representative. Each of them, along with a student and the principal, gave a little speech about it. My role? Not much since the entire school was out there which of course included all the regular teachers to keep the kids in line.

Well I'm going to leave the post with that. Hopefully I will be less tired tomorrow when it comes time to blog.

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# Weird Pregnancy Symptoms

Since this is my fourth pregnancy, I've experienced a wide variety of the symptoms that go along with being "with child". It's amazing to me how every pregnancy is different, even when they are experienced by the same woman. Pregnancies are as different as the personalities of the children that result. Is it possible then, that a child's personality can actually be displayed through the symptoms of the mother's pregnancy? For example, my aunt told me that when she was pregnant with my cousin, she craved spicy food after not really liking it before. My cousin, the result of the spicy food pregnancy, is now 31 years old and has always been a fan of spicy food!

When I was pregnant with my oldest daughter, my husband would blend a huge glass of juice for me every morning with lots of fruits and veggies in it. My oldest daughter now prefers snacks of fruits and vegetables to junk food. I didn't really crave the fruits and veggies, so that's a different example, but it's still an illustration of how womb behavior may affect the child throughout life.

My second daughter was, for lack of a better word, crazy in the womb. She was the last thing I felt before I fell asleep at night, and the first thing I felt in the morning, and let's not forget all those middle of the night bathroom trips... she was kicking and rolling during those too. I would often joke that I didn't know if this baby ever sleeps. Once she was born, I got the answer: she doesn't ever sleep and never did apparently. It felt like she was tearing me apart from the inside out with her strong movements in the womb, and to this day, she is our strong-willed, "spirited" child.

My third daughter was very gentle as a fetus. She rarely moved – compared to her older sister at least – and when she did, it was always in one spot. As a toddler, she has a very

sweet, patient, and obedient demeanor. So, as for #4... so far she moves a lot. I don't want to jinx anything here, but her movements remind me of our second daughter – the spirited one. But I've also experienced some strange symptoms with this pregnancy that I haven't felt before. First, I've been having nightmares. It's common in pregnancy to have more vivid dreams, and I've experienced that, but lately I've had lots of nightmares, ones where I actually wake up too creeped out to go to the bathroom... Strange. And with this pregnancy, red fruit has been especially tasty. I don't crave it, but things like tomatoes, strawberries, and especially red grapes (I've always preferred green to red until now!) taste extra yummy to me. It's so weird to me how tastes can change during a pregnancy. I've never liked bologna and still don't, but during my first pregnancy, I liked it and ate it quite often.

There is probably some scientific research out there that speculates about how much a mother's pregnancy symptoms impact the resulting child, but rather than research it, I think I will just wait and see what my girls are like when they enter adulthood and we can sit down and read my pregnancy diaries together, compare their personalities with that of their womb behavior, and share some good laughs.

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## **Spring is in the Air = BABIES!!!**

CONGRATULATIONS to my sister in Illinois, who gave birth to a healthy 8 lb. 15 oz. baby boy today!!! I can't wait to see pictures of the little darling, and I will post them when I get them (HINT HINT - no, just kidding, I know you have much more important things to do right now than to worry about sending pictures) I just wish I could hold him! And Congratulations to Austin on becoming a big

brother - it's an important job buddy; I know you'll be a great one! Welcome, Ryan Timothy!

Other baby news - our kids' babysitter's cat had kittens the other day. Look how unbelievably cute they are:



See if you can count 'em - makes a good picture puzzle, doesn't it? There are 6 - the little orange one kinda blends in with the towel - he's unique!

My daughter's teacher had her baby, and my two cousins also had their babies, which means 3 of my grandmother's 4 expected great-grandchildren for this year are here already! I am the last one standing ☐

Seriously, I feel left out, being the only one left pregnant out of all the women I knew who were expecting. I am ecstatic that all the babies are healthy and thriving though - that is truly something to be thankful for! For the most part, I love being pregnant, though I have to say this one is the most difficult pregnancy yet in some ways. Also the easiest in some ways too, so it's not all bad... But my feet are killing me constantly... I feel like I can't stand for more than 10-15 minutes at a time, and with a toddler and 2 other little kids to care for, that is a

tough feeling to have. Plus I'm exhausted much of the time, and have terrible heartburn a lot... all this and 3 months to go, not to mention the fact that the weather is only getting nicer, then it will get really hot and then I'll just be miserable. I hate not having the energy or the desire to go outside to enjoy these nice days... it makes me feel guilty, especially because it means my toddler can't enjoy them with me. Is it mean for her to be couped up in the house with me on gorgeous days like today? She doesn't seem to mind though, and we do play together lots while I'm sitting down, so it can't be all bad... I just tell myself that in August I will have much more energy and time to enjoy the weather. It's hard to imagine now, but some of the fatigue and aches and pains will lift, I HOPE!

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## Great day today!

Today was possibly one of the best days I have had in a long time. It really reminded me why I am most comfortable with kids in 4th-6th grades. The class really went well. Remember the one fifth grade class I talked about in my music entry a few days ago? This was pretty much opposite, more like the two 4th grade classes I had that day. It is really unfortunate I am not so comfortable teaching things like reading and writing. What other career can place me with this age group but not involve standard teaching? Coaching is out of course as I am definitely not sports oriented- speaking of which, did you hear about what boys are doing now for sport in Missouri? Put it this way: it is *illegal* in most states. [Check it out at this link \(click\)](#). Actually, once I saw the video (there is a video at that link, but I'm not sure it's the same one I saw) it didn't seem so bad, which is why I am not telling you what it is and making you go to the link instead. □ The only reservations I have is that they are teaching this to boys as young as six.

Anyway, back to today. I didn't do much teaching this

morning, what with computer lab time and art taking up an hour and a half, but what teaching I did I really enjoyed. Following art, they had spelling (still no teaching, but some preparation and study time for their test Friday) and reading. I got to read aloud a book that was actually pretty good, though I didn't like the ending **at all**. It was called [My Brother Sam is Dead](#). With what happened in the chapter I read to the class, one would hope for a miracle to happen in the next chapter, but what happens is really quite sad. I'll leave it a little mysterious in case you want to read it- hopefully I didn't say too much. I don't think I did.

This led us to lunch. After lunch there was just math and science left. For math I got the advanced group with only around 15 students. This group was in the 6th grade book. I actually almost got through what the teacher expected me to get through. I only needed about five minutes more instead of the typical 15-30 minutes more... For science we talked about energy sources. They had read about fossil fuels and hydropower yesterday, and we picked up with solar, nuclear, and other forms of energy today. It was a good read and discussion. By the time we finished, I was a little disappointed it was time to go home, it was such a good day. Oh well, it couldn't last forever. And tomorrow I've got 7th grade... Well, 7th grade science! I just hope I don't have to show another video like that Al Gore one I showed at this school last time. That was not fun, though not as bad as 7th grade sex-ed I had to do at another school around that same time. ☐