

# A BIG Scare, But Thankfully, Just a Scare

Last week for date night, we saw Shutter Island – not much to say about that; it was disappointing. We then went out to eat, and my husband mentioned that his fingers were tingling. At the same time, I noticed that he was slurring his words – uh,oh. Although he is only in his mid-30's, I was sure that he had had a stroke; I know those are two of the warning signs. He did not want to go to the hospital, so I agreed that we would drive home, pick up the kids, and I would look up these symptoms on the internet to see if he should indeed get to the hospital. When I looked it up, the info was scarier than I originally thought. It said yes, these are indeed symptoms of a stroke, and a person needs only to exhibit ONE of them, not all. It also said that people who have strokes often refuse to get medical treatment, and their loved ones must INSIST that they seek medical treatment – so I made Hubby go to the ER while I put the kids to bed. Well, before you panic, let me say that the stroke tests all came back negative. Turns out that his arm had gone numb during the movie because it was a long movie and he was giving me backrubs (AWW!), and his “lazy tongue” was a result of his visit to the dentist in the morning – he doesn't like novacaine, so when the dentist re-did one of his fillings, he sprayed some kind of numbing spray which got into my husband's bloodstream and caused him to feel it 9 hours later. PHEW!!! It was a wasted night at the ER, but I'm so glad that he went because otherwise I would STILL be wondering and panicking that he had had a stroke. And besides, it made for a really funny story to tell later... people really seem to like the irony of the directions on the internet: “Expect the person to protest – denial is common. Don't take “no” for an answer. Insist on taking prompt action.” Well, insist I did, and as a result, poor Hubby spent the end of date night in the ER!

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# I Know One Business That Isn't Suffering In This Economy

We had to go to the ER yesterday, and it was bustling! Since this is our second visit in a month, I can tell you that unfortunately, yesterday's business was not any different from the norm. Seeing as how we're talking about a hospital as a business that's doing well in this awful economy, that is not a good thing.

Here's what happened, and it's not a matter of life or death (at least for us), so don't be alarmed about the ER visit. My husband had been having severe stomach pain since Sunday afternoon that was getting worse, so that's why we went to the ER. Turns out to be a virus, so that's great of course! We were thinking kidney stone or something worse, so we're very thankful. While we were in the ER, some interesting events unfolded regarding some of the other patients. First, there was the girl who left her contacts in for 2 weeks out of "laziness". She finally took them out, and the next morning, her eyes hurt, they were all swollen, and she couldn't see. The doctor speculated that the contacts had become fused to her eyeball and actually tore the top layer off when she removed them. They sent her to an eye specialist.

Next was the couple who came in with the woman (girl actually – they were probably in their late teens or early twenties) complaining of burning during urination. My husband overheard the doctor ask the girl how many sexual partners she's had in the last 60 days. She answered, "just my boyfriend." Then they asked the boyfriend the same question, but they did it

while the girlfriend was in the bathroom, and he said he didn't know – yikes. More than 10, they asked, and he said, “yeah.” I wonder if they waited to ask the boyfriend until the girlfriend was out of the room on purpose. I wonder if they're going to tell the girlfriend. Makes an interesting moral argument... there's something someone should know, yet there's doctor-patient confidentiality... but then again, the boyfriend wasn't a patient, his girlfriend was the patient. Maybe the doctor's job dictates whether or not he would have to tell the girlfriend. What if her symptoms are indicative of an STD, then the doctor would have to tell her that of course... wonder if he'd mention her boyfriend's infidelity as well. Well, that's enough time on that story – onto the third ER story, which is sad...

The doctors and nurses started rushing around even more than they were before, and they all kept talking about how they were about to get much busier. “Something's coming in...” they were saying. I started overhearing snippets of conversation including something about calling the state fire marshall and an autopsy... Turns out someone had been found dead in their basement after their house was on fire. That is not a usual occurrence around here; this was a big deal at the ER. There was a sheriff walking around, and a body bag was wheeled down the hall. A sad event, no doubt, but something that would seem like just another day at work to doctors and nurses working at an urban hospital. I wonder what the circumstances of the fire are; I read in the newspaper that when firefighters arrived, there was only a little smoke showing on the roof. The man was found dead in the basement, so that seems a little suspicious. The state fire marshall is conducting a joint investigation with the sheriff's office, so maybe when they're done the story will be back in the newspaper. Well, anyway, I'm just relieved that all is well with my husband. I hope not to have to see if the ER remains busy any time soon!

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# Flashback!

In the last few days, my recovery from the emergency c-section has not been going well. I awoke from a nap Thursday night feeling awful, but luckily my medication kicked in, and I was able to enjoy the midnight showing of The Dark Knight – more on that later. Friday we met Grandma in South Bend Indiana which is halfway between Chicago where she lives and Ohio where we live to transfer my kids for a week's vacation with Grandma. I felt awful all day, and I started shivering in the restaurant. I knew there was something really wrong when I went outside into the 90° oven and actually *enjoyed* it – uh oh.

When I got back to Ohio, I had an appointment with my doctor for her to take out my staples (yes, they had to actually use *staples* to put me back together, yuck) and that actually went well. Hardly hurt at all, just a little pinch, and it didn't take long. I brought up my symptoms to my doctor and she said everything was normal, and I believed her because when I had my other babies, I would heal up right away, so I figured these were all just side effects from the cesarean. But I took another nap when I got home and when I woke up, I felt like I was dying – that's really the only way to describe it. We took my temperature and it was 102.7°, so of course I had chills, the sweats, headache, and pain. A quick look on the internet gave us the diagnosis: mastitis – a common infection often suffered by breast-feeding mothers. We called the doctor and they wouldn't prescribe any antibiotics over the phone, so we headed to the hospital for the 2nd time in a week...

The admissions people panicked when they saw us coming in with the baby, but we quickly explained it wasn't him, thank

goodness. Anyway, after a quick look, the ER doctor confirmed our internet diagnosis and sent us home with a prescription. But since all the pharmacies were closed in our town, they gave me some medicine right then and there. "Name and birthdate", they always ask at the hospital before they give you your meds, and I was like, FLASHBACK! I thought I was done with this for awhile! But for spending a Friday night in the ER, it wasn't so bad; we were actually in and out in an hour. If this had happened in suburban Chicago where I used to live, it would have taken 3-4 hours to wait our turn in the ER, and they would have wheeled a few body bags past us while we were waiting. So today, I feel much better comparatively, and since the girls are with grandma, I slept until 11:30, so I'm sure that also helped. The antibiotics seem to be working already, and it was nice to wake up and not feel like I was dying, something that hasn't happened for a few days. I also feel better that now I think my recovery from everything is headed in the right direction, whereas when I felt crappy and didn't know why, it was discouraging because I was thinking, will I ever feel better?

My husband is peeved at my OB-GYN for not checking me more thoroughly during my visit with her yesterday. I agree; I did mention my symptoms and she was too dismissive, but being a man (especially one who won't listen to doctor's orders – if the doctor tells him to do something or recommends some sort of exam or test and he doesn't want to do it, he just won't) I don't think he understands how important to me it is to have a woman OB-GYN, and she is the only one in town. Besides, I do like her, she is gentle and she has been through 3 c-sections herself, so she knew exactly what to tell me about what to expect. If we do have any more children, there will be some debate about which doctor we will use. Well, anyway... off to Walmart to get my *third* prescription this week!