

Tunnel Vision

I got new glasses today, but I'm not sure I like them. I'm getting to an age (49+) where I need a bit more than reading glasses (Maybe). Since my first set of bifocals caused all sorts of problems for me (those dang lines were always in the way), I now have a set of progressive lenses. I will admit that they help my distance vision a bit, but I had to check a few times to make sure it was an improvement. I also don't need to cock my head at a funny angle to read or use the computer. All good things.

The problem I am having is a sense of tunnel vision while I read or do computer work. This is not quite as annoying as the bifocal lines, but it is annoying. Then there is a small little thing that I have to turn my head while reading on a computer, or any other semi-wide item (even the backs of DVD boxes). I may get used to this, but it may cause problems since at work I do a lot of glancing between two different screens. With my reading (non bifocal) glasses, I can just shift my eyes to where I want to look. The new glasses I have to turn my head to keep everything right in front of me. I get some time to check these out so I guess I will do that. I need to find out how long I get. I may end up trading these for a pair of reading glasses, and maybe some just for computer work. I'm not sure right now.

The one benefit to these glasses, if I get used to wearing them, I will never be without my reading glasses... I'm just not sure about the tunnel vision..

achoo, sniffle, honk, wheeze

Yes, hay fever season has started in NW Ohio. I'm not sure how bad it will be yet, but I have noticed additional sneezing and the itchy, watery eyes. My typical reactions to the Mid August weather.

Now I'm not complaining about this, it is something I've lived with most of my life. I'm used to the end of summer sneezing. No, I want to say something about the Optometrist I just went to. Actually not the Optometrist, but one of the office assistants. I'm not sure of their actual titles, but that really doesn't make much difference.

Here is my story. Question 1 was "Is anything bothering your eyes?" Answer, "Yes, it is hay fever season and my eyes are irritated and watery." Question 2: "Do you want to replace your glasses with contacts". Huh!!??? I just complained of irritated eyes, and the very next question is do I want to put some foreign object in them? I'm sure it was on a list, but don't people think anymore? I guess not. Anyway, the questions continue, and I'm asked again if I would be interested in contacts. I guess they didn't hear the answer the first time they asked.

I have a feeling that contacts are a big money maker for the Optometrist and staff. To be asked this question twice, and get a rather strong no the first time, it kind of makes me wonder.

The rest of the visit went without incident, so I hope they now have on my chart that I really don't want contacts. I did wonder though, do they make "reading" contacts? So far, that is the only thing I need my glasses for. Distance vision is still pretty good. They are putting me in glasses I will wear most of the time though. May be better anyway. I always forget to take them places, and that sometimes leads to some

problems.