

A new day

In my life, while I remember the big events, it always seems like little things make a big impact. Yesterday it was an unexpected email that sent bits of my little world into a spin. Today it was being able to see pictures of my far away kids, and phone calls to the 3 other siblings.

The sun was out, there were new and interesting events today. So it was a good day.

Of course I realize that it wasn't just that one bit of email that I received. My mood has been missing a bit of jocularly. And it wasn't just the few things I mentioned today that brought a bit of sun back into my mood. It just seems that the little things pile up and pile up until they become one big thing. And that last little thing upsets the whole thing. The final straw on the camel's back. The final pebble or snowflake that starts an avalanche. You just never know.

And of course I wonder, what little thing will start me moving again? And which direction will it push?

In a smile, I saw all the things I would ever need or want. Now, all I want is to see is that smile again.