

# Finding directions and making paths

Following a trail through the woods, you come to a place where you need to choose a direction. Which way do you go. If you are lucky you are following a marked path and there are arrows to point you in the proper direction. They give information on what lies ahead. If you are on an unmarked path, maybe you can get your bearings from the sun or a compass. But what if you don't have any of these things to guide you? What do you do? How do you find your way?

In a way, this is exactly what goes on in life. You follow a path. Sometimes you have directions, or a guide. Sometimes you have knowledge of the trail. Sometimes the ability to work things out. Sometimes you are lost. Sometimes the decision is too difficult to make and you are stuck, stranded and not capable of making the choice. There are times when you go back the way you came, because the path was blocked.

Without getting too deep into the religious and philosophical ramifications, there are many guides in life. Religion/God is one aspect. Friends and Family can also guide you. Your parents were your guides during the beginning of your journey. School and life's hard knocks give you knowledge and ability on your travels. But there are times when you feel lost, alone and stranded. How do you make the choice of direction.

Where is this going? What direction? None really. Just pausing to reflect on choices made, paths followed, backtracks taken, and the long journey itself.