

# Hmm, Slow down the roller coaster..

Consider last Thursday. It started out as a completely uneventful day. Work went well and all was right with my little world. Then the evening came and it was rush to the Fort, rush to practice, rush around for pictures. Night fell and that was the first day.

Second day was more rushing around for me. Saturday slowed down a little, and I was able to relax. More rushing on Sunday, More rushing on Monday.

Yes, the past few days seemed like one of those big roller coasters. Up the big hill at a nice slow pace, and then rush down the next hill, quickly around the corner charge up the next hill and repeat. On some large coasters there is that place in the middle where the car gets pulled up again, a slight rest, only to continue on its rush through the hills and curves. Maybe there is a tunnel or two with an unexpected turn or drop. Finally, the train comes to rest in the station.

Now back to my days. It looks as if I might be pulling into the station soon. The train seems to be slowing down a bit. And yet I wonder, is the train going to stop, or will it just continue on, one more time...

Now don't get me wrong. I like roller coasters. Those at the various theme parks, and most of the ones I have in real life. But there comes a time, when you need to get off the coaster. Sit down, relax a bit. Get some refreshment and enjoy the things that are going on. That way the thrill of the coaster is anticipated and enjoyed. Rushing from here to there can be fun, if there is time to spend just watching the clouds roll by. I think I saw some clouds this evening.